

Alaska

Jen Brighton (she/her) – Licensed Professional Counselor/Therapist

Specialties: Trauma, Life Transitions, Faith

Transition/Deconstruction/Crisis/Reclamation, and Queer Transitions
(Coming Out, Transgender Support, Etc.).

Therapeutic Modalities: CBT/DBT, Sensorimotor Psychotherapy, EMDR,
movement and mindfulness including expressive arts.

Online Offerings: Yes, but only within the State of Alaska.

Sliding Scale: No.

Faith-Based: N/A.

Contact: jen@maitrialaska.com.

Traditional Land: On the Dena'ina and Kachemak land.



Arkansas

Erin Machen (she/her) – Psychotherapist and Coach

Specialties: Purity culture and religious trauma-informed, and specializes in general childhood trauma, anxiety, PTSD, disordered eating.

Therapeutic Modalities: Embodiment, Internal Family Systems, Brainspotting, Mindfulness, Emotion-Focused, Yoga, Feminist, and Person-Centered.

Online Offerings: Yes, in Arkansas for counselling, and worldwide for coaching.

Sliding Scale: Yes.

Faith-Based: N/A.

Website: <https://www.embodycy.com/>

Contact: erincmachen@gmail.com.

Social Media: Instagram @embody.cy.

Traditional Land: Practicing on Osage Territory.



California

Samantha Houston-Crook (she/her) – Marriage and Family Therapist

Specialties: Trauma (Sexual and Religious), OCD, and Anxiety.

Therapeutic Modalities: EMDR, Trauma-Focused-CBT, Mindfulness-Based Stress Reduction.

Online Offerings: Yes, to clients in California.

Sliding Scale: Yes.

Faith-Based: No.

Website: renewfamilytherapy.com.

Contact: samantha@renewfamilytherapy.com.

Social Media: Instagram @renewfamilytherapy.

Traditional Land: Works on the land of Payómkawichum (Luiseño).



Karen Huckaby (she/her) - LMFT

Specialties: Anxiety, Trauma, PTSD, Religious Trauma, and Family Dysfunction.

Therapeutic Modalities: Narrative Therapy, Feminist Therapy, EMDR.

Online Offerings: Yes, only in the state of California.

Sliding Scale: No.

Faith-Based: No.

Website: <https://emilymaynardtherapy.com/>

Contact: emily@emilymaynardtherapy.com

Social Media: Instagram @emilymaynardlmft.

Traditional Land: In the traditional territory of Tongva peoples in southern California.



Emily Maynard (she/her) – Licensed Therapist LMFT

Specialties: Anxiety, Trauma, PTSD, Religious Trauma, and Family Dysfunction.

Therapeutic Modalities: Narrative Therapy, Feminist Therapy, EMDR.

Online Offerings: Yes, only in the state of California.

Sliding Scale: No.

Faith-Based: No.

Website: <https://emilymaynardtherapy.com/>

Contact: emily@emilymaynardtherapy.com

Social Media: Instagram @emilymaynardlmft.

Traditional Land: In the traditional territory of Tongva peoples in southern California.



Chrissy Powers (she/her) - Therapist and Embodiment Coach

Specialties: Female Issues, Motherhood, Maternity, Working Moms, Women Finding Their Voice, Relationships, Transitions, Identity, PTSD/Trauma, Work/Career, Anxiety/Depression.

Therapeutic Modalities: EMDR, Nonlinear Movement, CBT, ACT, Somatic and Experiential therapy.

Online Offerings: Therapeutic telehealth can be offered in California only, but coaching can be offered online worldwide.

Sliding Scale: No.

Faith-Based: No, but having roots in evangelical Christianity, it can be incorporated if beneficial to the individual.

Website: <https://chrissypowers.com/>

Contact: chrissypowersmft@gmail.com

Traditional Land: Lives and practices in the traditional land of Kumeyaay/Kumiais.



Saoirse Wood she/her – Massage Therapist

Location: Near Palm Springs, CA.

Description: An individual who has been through purity culture and is informed by purity culture doing bodywork and massage therapy.

Website: <https://saoirsefaebodywork.com/>

Contact: saoirsefaecmt@gmail.com.

Social Media: Instagram @saoirsewoodcmt.

Traditional Land: Lives and works on ʔiv̄iluwēnetem Meytémak (Cahuilla) territory.



Colorado

Casey Bain (she/her) – Licensed Therapist and Coach

Specialties: Deconstruction, Church Hurt & Abuse, Sex & Purity Culture & LGBTQ, Religious Trauma, Depression, Anxiety, OCD, PTSD, Rebuilding.

Therapeutic Modalities: Somatic Experiencing & Internal Family Systems.

Online Offerings: Yes, in Colorado, Canada, and the United States.

Sliding Scale: Yes.

Faith-Based: No.

Website: <https://unravelingfree.com/>.

Contact: casey@unravelingfree.com.

Social Media: Instagram: @unravelingfree.

Traditional Land: Traditional territory of the Arapaho & Cheyenne peoples.



Amanda E.K. (she/her) - Reiki Healer + Creative Coach

Specialties: Reiki, the Enneagram, Dreamwork, Synesthesia.

Online Offerings: Yes, online worldwide.

Sliding Scale: Yes.

Faith-Based: No.

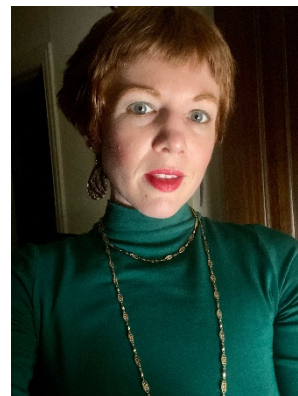
Website: <https://www.amandaekwriter.com/coaching-reiki>

Contact: amanda.ek.writer@gmail.com.

Social Media: Instagram @amanda.ek.write and Tik Tok

@amandaek_creativecoach.

Traditional Land: Traditional territory of the Arapaho & Cheyenne peoples.



Emily Straw (she/hers) – Licensed Therapist

Specialties: Mental health, Trauma, and Addictions therapist.

Therapeutic Modalities: EMDR, IFS, some CBT, and experiential and/or spiritual when is it appropriate and only with full consent of the client.

Online Offerings: Yes, in Colorado.

Sliding Scale: Yes.

Faith-Based: Yes, and this can be integrated if clients desire.

Website: <https://www.awaythroughcounseling.com/>

Contact: emily@AWayThroughCounseling.com

Social Media: Instagram @awaythroughcounseling.

Traditional Land: Emily works on the traditional territory of the Ochecthi Sackowin, Ute, Arapahoe and Cheyenne peoples.



Florida

Robbie Robinett (they/she) – Licensed Therapist

Description: Online counseling to folks in Nevada, Texas, and Florida.

Specialties: Religious trauma, LGBTQ+, Highly Sensitive Persons, Deconstruction.

Therapeutic Modalities: Relational therapy, Person-centered, Somatic based, Parts work.

Online Offerings: Yes, to individuals in Nevada, Texas, and Florida.

Sliding Scale: No.

Faith-Based: No.

Website: <https://gentlehealing.org/meetrobbie>

Contact: robbie@gentlehealing.org

Traditional Land: Robbie is a traveling therapist and is currently on the stolen lands of the Tawakoni, Wichita & Kickapoo.



Idaho

Steffeny Feld (she/her) – Licensed Therapist

Specialties: Trauma, Chronic Illness & Medical Trauma, Religious and Spiritual Trauma, Therapy for Pastors and Ministry Leaders.

Therapeutic Modalities: EMDR and IFS.

Online Offerings: Online therapy available to Idaho, Pennsylvania, Missouri, and Vermont, residents.

Sliding Scale: Yes.

Faith-based: Loosely but allows faith-based conversations to be client-led.

Website: <https://www.kaleidoscopecounselingstl.com/>

Contact: Steffenyfeld.lcsw@gmail.com

Social Media: Facebook: @ KaleidoscopeCounselingSTL.

Traditional Land: Lives and works on the Myaamia land.



Illinois

Anna Nokes (she/they) – Licensed *Therapist*

Specialties: Body Image, Gender & Sexuality, Religious Trauma, Trauma and PTSD, Neurodivergence-affirming care, health at every size and fat liberation.

Therapeutic Modalities: Somatic therapy, Trauma Resiliency Model, HAES, Attachment Theory, and DBT.

Online Offerings: Yes.

Sliding Scale: Yes.

Website:

<https://www.inclusivetherapists.com/illinois/chicago/anna-nokes>.

Contact: anna@soleilpsychotherapy.com

Social Media: @annanokestherapy

Traditional Land: Traditional Territory of Potawatomi.



Kansas

Chris Lanterman (they/them) – Counselor and Coach

Specialties: Religious Trauma and Purity Culture.

Therapeutic Modalities: ACT, EFT/Tapping Developmental Model for Couples.

Online Offerings: Can do online therapy in Kansas and Missouri and coaching in the US and Canada.

Sliding Scale: No.

Faith-based: No.

Website: <https://christylanterman.com/>

Contact: Christy@LantermanTherapy.com

Traditional Land: Live and work on Kiikaapoi (Kickapoo), Washtáge Moꝛzháꝛ (Kaw / Kansa), ᏍᏏᏏᏏ ᏊᏚᏚᏚ ᏍᏚᏚᏚ ᏚᏚᏚᏚ (Osage) and Ochéthi Šakówiŋ lands.



Maryland

Crystal Baldwin (she/her) - Psychotherapist

Specialties: Relationship Counselling, Sexual health, Attachment, Self-Esteem, Anxiety, and Life Transition.

Therapeutic Modalities: Feminist Theory/Intersectional Feminist Lens, Social Justice Lens, Attachment-Based, Humanistic, TF-CBT/CBT, ACT, Interpersonal, and Strengths-Based.

Online Offerings: Crystal is fully online and offers services to clients in Maryland only.

Sliding Scale: Yes.

Faith-Based: No.

Website: <https://www.echocounselingllc.com/>.

Contact: crystal@echocounselingllc.com.

Social Media: Instagram @ktsystal.

Traditional Land: Crystal lives and works on Piscataway and Accohannock tribal land.



Michigan

Natalie Kember (she/her) – Licensed Therapist

Specialties: Spiritual Abuse, Religious Trauma, Anxiety disorders, Panic attacks, Boundary Setting.

Therapeutic Modalities: IFS, ACT, and Emotion-Focused Therapy.

Online Offerings: Yes, to individuals in Michigan.

Sliding Scale: No.

Faith-Based: No.

Website: <https://www.nataliekember.info/>

Contact: nkemberlmsw@gmail.com

Social Media: Instagram @freedom.from.spiritualabuse.

Traditional Land: On the traditional land of Bodwewadmi (Potawatomi) and Meskwahkiasahina (Fox).



Minnesota

Stacey Schultz (they/them, she/her) – Massage/Bodywork Therapist

Specialties: Massage therapy for medically complex patients including those going through top surgery.

Therapeutic Modalities: Rosen Method bodywork (somatic-based, hands-on work) for those reclaiming themselves from religious fundamentalism and CPTSD.

Online offerings: Yes

Sliding Scale: Yes.

Faith-Based: No.

Website: <https://www.staceylschultz.com/>

Contact: stacey@staceylschultz.com

Social Media: Instagram @stacey.l.schultz

Traditional Land: Lives and works on the traditional land of Dakota.



Missouri

Joni Bennett (she/her) - Licensed Professional Counselor and Coach

Specialties: Trauma, Personality disorders, Anxiety, Violence, Self-Harm/Suicide, High-Risk Issues, and more.

Therapeutic Modalities: EMDR, DBT, and Parts Systems.

Online Offerings: Yes, state-wide within Missouri, other online offerings nationwide and internationally.

Sliding Scale: No.

Faith-Based: No but is comfortable and well-versed in working with spirituality and religion.

Website: <https://www.gcimo.net/>.

Contact: joni@gcimo.net.

Social Media: <https://www.facebook.com/jonisbennett>.

Traditional Land: Joni is a white/Indigenous individual living on the lands of Sauk and Meskwaki, Peoria, and Kickapoo lands.



Steffeny Feld (she/her) – Licensed Therapist

Specialties: Trauma, Chronic Illness & Medical Trauma, Religious and Spiritual Trauma, Therapy for Pastors and Ministry Leaders.

Therapeutic Modalities: EMDR and IFS.

Online Offerings: Online therapy available to Idaho, Pennsylvania, Missouri, and Vermont, residents.

Sliding Scale: Yes.

Faith-based: Loosely but allows faith-based conversations to be client-led.

Website: <https://www.kaleidoscopecounselingstl.com/>

Contact: Steffenyfeld.lcsw@gmail.com

Social Media: Facebook: @ KaleidoscopeCounselingSTL.

Traditional Land: Lives and works on the Myaamia land.



Chris Lanterman (they/them) – Counselor and Coach

Specialties: Religious Trauma and Purity Culture.

Therapeutic Modalities: ACT, EFT/Tapping Developmental Model for Couples.

Online Offerings: Can do online therapy in Kansas and Missouri and coaching in the US and Canada.

Sliding Scale: No.

Faith-based: No.

Website: <https://christylanterman.com/>

Contact: Christy@LantermanTherapy.com

Traditional Land: Live and work on Kiikaapoi (Kickapoo), Washtáge Morzháⁿ (Kaw / Kansa), ᏍᏏᏏᏏᏏ ᏊᏚᏚᏚ ᏍᏏᏏᏏ ᏍᏏᏏᏏ (Osage) and Ochéthi Šakówiŋ lands.



Montana

Allison McKinney-Thompson (she/her) – Licensed Therapist

Specialties: Sexuality, Identity Formation within Young Adulthood, Perinatal mental health.

Therapeutic Modalities: A person-centered and anti-oppressive theory, using an eclectic array of treatment modalities depending on the client.

Online Offerings: Solely online telehealth in Montana.

Sliding Scale: Yes.

Faith-Based: No.

Website: <https://terracounselingservices.com/>

Contact: allison@terracounselingservices.com

Social Media: Instagram @allisondoestherapy.

Traditional Land: Lives on the indigenous lands of the Salish, the Kootenai, and the Kalispel people.



Nevada

Robbie Robinett (they/she) – Licensed Therapist

Description: Online counseling to folks in Nevada, Texas, and Florida.

Specialties: Religious trauma, LGBTQ+, Highly Sensitive Persons, Deconstruction.

Therapeutic Modalities: Relational therapy, Person-centered, Somatic based, Parts work.

Online Offerings: Yes, to individuals in Nevada, Texas, and Florida.

Sliding Scale: No.

Faith-Based: No.

Website: <https://gentlehealing.org/meetrobbie>

Contact: robbie@gentlehealing.org.

Traditional Land: Robbie is a traveling therapist and is currently on the stolen lands of the Tawakoni, Wichita & Kickapoo.



North Carolina

Michelle F. Moseley (she/her) – Licensed Clinical Mental Health Counselor

Specialties: Spiritual abuse, religious trauma, anxiety, depression.

Therapeutic Modalities: Person-centered, trauma informed, DBT, MI, Brain spotting.

Faith-Based: Does not personally identify as faith-based but is comfortable if/when the conversations of faith arise.

Online Offerings: Yes.

Sliding Scale: No.

Website: <https://michellefmoseley.com/>.

Contact: owner@michellefmoseley.com.

Social Media: https://www.instagram.com/therapy_with_michelle/.

Traditional Land: Lives on the traditional land of Lumbee & Skaruhreh/Tuscarora.



Laura Wooten (she/hers) – Licensed Clinical Social Worker and Therapist

Specialties: Anxiety, Depression, Relationship Concerns, Managing Anger or Intense Emotions, Life Transitions, and Traumatic Events.

Therapeutic Modalities: CBT, DBT, Person-Centered, Acceptance and Commitment Therapy, Motivational Interviewing, Cognitive Processing Therapy for trauma, and mindfulness. Registered Yoga Teacher.

Online Offerings: Can offer telehealth services to individuals in North Carolina and Vermont.

Sliding Scale: No.

Faith-Based: Not a faith-based practitioner but welcomes people of all or no faith.

Website: <https://www.threeoaksbehavioralhealth.com/laura-wooten/>

Contact: laura@threeoaksbehavioralhealth.com.

Traditional Land: Operates on Occaneechi, Eno, Lumbee, and Saponi land.



Ohio

Bria Brown (she/her) – Licensed Therapist

Specialties: Purity culture, Trauma, Sex Therapy, Shame, Anxiety, and Depression.

Therapeutic Modalities: Internal Family Systems, Feminist Theory, Psychodynamic, Trauma-Informed Interventions, Systems theory, and Sex Therapy Interventions.

Online Offerings: Yes, but only within Ohio.

Sliding Scale: Yes.

Faith-Based: No.

Website: <https://www.psychologytoday.com/us/therapists/bria-brown-cleveland-oh/835615>.

Contact: bria@briabrowncounseling.org

Traditional Land: On the land of Erie, Kaskaskia, Mississauga.



Lynsey Gallagher (she/her) - Licensed Professional Clinical Counselor

Specialties: Life transitions, Women's Health, Trauma, and Mood Disorders.

Therapeutic Modalities: EMDR, Interpersonal Process Approach, and Attachment Theory.

Online Offerings: Yes, for clients in Ohio.

Sliding Scale: No.

Faith-Based: No.

Website: <https://www.revivecyncounseling.com/>.

Contact: Lynsey@revivecyncounseling.com.

Traditional Land: Lynsey works in Cincinnati, the land belonging to Kaskaskia, Osage, Shawnee, and Myaamia peoples.



Pennsylvania

Steffeny Feld (she/her) – Licensed Therapist

Specialties: Trauma, Chronic Illness & Medical Trauma, Religious and Spiritual Trauma, Therapy for Pastors and Ministry Leaders.

Therapeutic Modalities: EMDR and IFS.

Online Offerings: Online therapy available to Idaho, Pennsylvania, Missouri, and Vermont, residents.

Sliding Scale: Yes.

Faith-based: Loosely but allows faith-based conversations to be client-led.

Website: <https://www.kaleidoscopecounselingstl.com/>.

Contact: Steffenyfeld.lcsw@gmail.com.

Social Media: Facebook: @ KaleidoscopeCounselingSTL.

Traditional Land: Lives and works on the Myaamia land.



Shira Collings (she/they)- Pre- Licensed Therapist and Coach

Specialties: Eating Disorders, Disordered Eating, Body Image Distress, Breaking Free from Diet Culture, LGBTQIA+,

Neurodivergences, and Substance Use and Trauma Histories.

Therapeutic Modalities: Feminist therapy, CBT, DBT, MI, Body Trust/Health At Every Size, Disability Justice, and Trans and Queer Liberation.

Online Offerings: Online counselling to individuals in Pennsylvania and coaching online worldwide.

Sliding Scale: Yes.

Faith-Based: No.

Website: <https://www.rachelmillnertherapy.com/shiracollings>.

Contact: shira.collings@gmail.com.

Traditional Land: Lives and works on the traditional land of Lenapehoking.



Eryn Johnson (she/they) – Breathwork Facilitator

Specialties: Religious trauma & purity culture and 2SLGTBQIA+.

Approach: Breathwork, embodiment, and meditation.

Online Offerings: Yes, in Pennsylvania and Online Worldwide.

Sliding Scale: Yes.

Faith-Based: No.

Contact: eryn@living-open.com

Social Media: Substack: joynotes.substack.com ; Instagram: @erynj_; and, Podcast called Living Open.

Traditional Land: Lives and works on Lenape land.



Andrey Jones (she/her) - Ph.D., LCSW, CST

Specialties: Sex therapy, Alternative lifestyles, BDSM/kink, religious trauma/deconstruction, sexual pain disorders, anxiety and depression, couples therapy, and all things sex related.

Therapeutic Modalities: Client-centered therapy that pulls from many modalities, specializing in sex therapy. Andrey works hard to find whatever tools/modalities/skills work for each individual client.

Online Offerings: Telehealth sessions on doxy.me in the state of PA.

Sliding Scale: Sliding scale spots are currently filled.

Faith-Based: No.

Website: <https://andreyajonescounseling.com/>.

Contact: andrea@andreyajonescounseling.com.

Social

Media: <https://www.facebook.com/andreyajonescounseling/>.

Traditional Land: Andrey lives on the traditional land of the Susquehannock and Lenape.



Adam Miller (he/him) – Licensed Therapist

Specialties: Marriage and Family Therapy, Emotional Wellbeing, and LGBTQ.

Therapeutic Modalities: CBT/DBT, Gottman Method Couples Therapy, Trauma-Informed, Solution-Focused, and Person-Centered.

Online Offerings: Yes, to clients in Pennsylvania.

Sliding Scale: Yes.

Faith-Based: Yes, but faith is only incorporated at client request.

Website: <https://www.providencebehavioral.com/team/adam-miller-lmft/>.

Contact: amiller@providencebehavioral.com.

Traditional Land: Works and lives on the traditional land of Susquehannock.



Tennessee

Kori Meyers (she/her) – Licensed Therapist and Coach

Specialties: Religious Trauma/Abuse/Deconstruction, Divorce, Trauma, Marital and Pre-Marital, Infidelity, Grief, Sexual Issues, Depression, Abortion Issues, and Women's Issues.

Therapeutic Modalities: AEDP, EFT, Client-centered, and Embodiment.

Online Offerings: Yes.

Sliding Scale: Yes

Faith-Based: No.

Website: www.korimeyers.com.

Contact: Kori@korimeyers.com.

Traditional Land: Kori lives and practices on the traditional land of Cherokee, Shawnee and Yuchi.



Camden Morgante (she/her) - Clinical Psychologist and Coach

Specialties: Relationship issues, marriage & sex therapy, spirituality, women's issues, purity culture recovery, shame.

Therapeutic Modalities: DBT, CBT, mindfulness and somatic based, and Gottman marriage.

Online Offerings: Online therapy available in the state of Tennessee, and online coaching available anywhere.

Sliding Scale: Yes, on a case-by-case basis.

Faith-Based: Christian, across the deconstruction spectrum.

Website: <https://drcamden.com/>.

Contact: camden.morgante@gmail.com.

Social Media: Instagram: @drcamden.

Traditional Land: Camden works on the traditional land of Cherokee.



Texas

Robbie Robinett (they/she) – Licensed Therapist

Description: Online counseling to folks in Nevada, Texas, and Florida.

Specialties: Religious trauma, LGBTQ+, Highly Sensitive Persons, Deconstruction.

Therapeutic Modalities: Relational therapy, Person-centered, Somatic based, Parts work.

Online Offerings: Yes, to individuals in Nevada, Texas, and Florida.

Sliding Scale: No.

Faith-Based: No.

Website: <https://gentlehealing.org/meetrobbie>

Contact: robbie@gentlehealing.org

Traditional Land: Robbie is a traveling therapist and is currently on the stolen lands of the Tawakoni, Wichita & Kickapoo.



Vermont

Steffeny Feld (she/her) – Licensed Therapist

Specialties: Trauma, Chronic Illness & Medical Trauma, Religious and Spiritual Trauma, Therapy for Pastors and Ministry Leaders.

Therapeutic Modalities: EMDR and IFS.

Online Offerings: Online therapy available to Idaho, Pennsylvania, Missouri, and Vermont, residents.

Sliding Scale: Yes.

Faith-based: Loosely but allows faith-based conversations to be client-led.

Website: <https://www.kaleidoscopecounselingstl.com/>

Contact: Steffenyfeld.lcsw@gmail.com

Social Media: Facebook: @ KaleidoscopeCounselingSTL.

Traditional Land: Lives and works on the Myaamia land.



Laura Wooten (she/hers) – Licensed Clinical Social Worker and Therapist

Specialties: Anxiety, Depression, Relationship Concerns, Managing Anger or Intense Emotions, Life Transitions, and Traumatic Events.

Therapeutic Modalities: CBT, DBT, Person-Centered, Acceptance and Commitment Therapy, Motivational Interviewing, Cognitive Processing Therapy for trauma, and mindfulness. Registered Yoga Teacher.

Online Offerings: Can offer telehealth services to individuals in North Carolina and Vermont.

Sliding Scale: No.

Faith-Based: Not a faith-based practitioner but welcomes people of all or no faith.

Website: <https://www.threeoaksbehavioralhealth.com/laura-wooten/>

Contact: laura@threeoaksbehavioralhealth.com.

Traditional Land: Operates on Occaneechi, Eno, Lumbee, and Saponi land.



Virginia

Bethany Anderson (she/her) – Resident in Counseling

Specialties: Anxiety, Depression, Autism, and Substance Use Disorder.

Therapeutic Modalities: Person-Centered Approach, Mindfulness, CBT, and Adlerian.

Online Offerings: Yes, to clients in Virginia.

Sliding Scale: No.

Faith-Based: No.

Website: <https://www.otcounseling.com/bethany-anderson>.

Contact: banderson@otcounseling.com.

Traditional Land: Bethany works on the Powhatan traditional lands.



Mx. Lauren Johnson (He/They/She) – Mental Health Therapist

Specialties: Trauma Survivors, Individuals with diverse lived experiences in the LGBTQIA+ community, neurodivergence, and non-monogamous communities.

Therapeutic Modalities: ACT, Applied Behavioral Analysis Opposition (Anti-BIA), Cognitive Behavioural Therapy (CBT), DBT, Eclectic Therapy, Family Systems, Humanistic, Somatic, Trauma-Informed, Feminist.

Online Offerings: Yes, but solely to individuals in Virginia.

Sliding Scale: No.

Faith-Based: No.

Website: <https://www.inclusivetherapists.com/virginia/lynchburg/mx-lauren-johnson>.

Contact: Hello@NeuroqueeringCounseling.com.

Social Media: Instagram: @Queer.Neurodivergent.Therapist and @NeuroqueeringCounseling;

Facebook Neuroqueering Counseling Services

(<https://www.facebook.com/profile.php?id=10008850172466>).

Traditional Land: Lauren works on the traditional Monacan Land.



Washington

Rachel Bodman (she/her) - Licensed Therapist

Specialties: Trauma, Sexual Trauma, Anxiety, Family Systems, Perfectionism, Sexual Identity, Self-Esteem, and Compassion Fatigue.

Therapeutic Modalities: Psychodynamic, Trauma-Focused CBT, Strengths-Based, Holistic.

Online Offerings: Yes, only to residents of Washington State.

Sliding Scale: Yes, but a limited amount. There is a waitlist.

Faith-Based: No, but comfortable with discussing clients' religious beliefs and/or spirituality.

Website: <https://www.rachelbodmancounseling.com/>.

Contact: rachel@rachelbodmancounseling.com.

Social Media: Instagram and Facebook @rachelbodmancounseling.

Traditional Land: Rachel works on Suquamish, Snohomish, Stillaguamish and Coast Salish land.



L.E. JiBol (she/they) – Mental Health Therapist

Specialties: Neurodivergence, LGBTQIA+ issues, PTSD, Anxiety, Depression, Trauma, Religious Trauma, Abuse, Family of Origin Issues, and Parenting Support and Coaching.

Therapeutic Modalities: Psychodynamic, Narrative, CBT, DBT, and Brainspotting.

Online Offerings: Yes, but only within Washington State.

Sliding Scale: Yes.

Faith-Based: No.

Website: www.holisticchildandfamily.org.

Contact: le@holisticchildandfamily.org.

Social Media: Instagram: @holisticchildandfamily.

Traditional Land: L.E. works on the traditional land of Duwamish People.



Chrissy Heerschap (she/her) – Licensed Counselor LMHCA

Specialties: Neurodiversity, Disability, Anxiety, Depression, and Religious or Spiritual Trauma.

Therapeutic Modalities: Person-centered, DBT, CBT, IFS, and Strengths-Focused.

Online Offerings: Yes, to clients in Washington.

Sliding Scale: Yes.

Faith-Based: No.

Website: <https://www.rosebloomcounseling.com/>.

Contact: chrissy@rosebloomcounseling.com.

Traditional Land: Chrissy works on the traditional lands of Coast Salish, Stillaguamish, Snohomish, and Tulalip.



Lisa Johnson (she/her) -Therapist

Specialties: Disordered Eating, Disability/Chronic Pain, Trauma, Deconstructing Religious Beliefs/ Purity Culture, Anxiety, Grief, Self-Confidence Issues, Family of Origin Stories, Relationship Issues, Body Image, and Major Life Transitions.

Therapeutic Modalities: Person-Centered, Relational Psychodynamic, Narrative therapy, Relational psychotherapy, Somatic Work, and Lifespan Integration, and Trauma-Informed.

Online Offerings: Yes, but only to clients in Washington State.

Sliding Scale: Yes.

Faith-Based: Lisa is not a faith-based practitioner but works with clients deconstructing Christianity or engaging in narrative work related to religious harm.

Website: <https://www.lisajohnsontherapy.com/>.

Contact: hello@lisajohnsontherapy.com.

Traditional Land: Lisa lives and works on the traditional Coast Salish Land of the Duwamish People.



Jennifer McGrath (she/her) – Mental Health Counsellor, Somatic Psychotherapist, and Movement Educator.

Specialties: Religious Trauma, Sexual Abuse, Purity culture, embodiment, and social justice.

Therapeutic Modalities: Somatic Experiencing, Movement Educator, Narrative and Embodied Learning.

Faith-Based: Not personally. But all are welcome.

Website: <https://www.indwellmovement.com/>

Contact: jennifer@indwellcounseling.com

Social Media: @indwell_movement.

Traditional Land: Jenny lives in White Center, WA, the land of the Duwamish Tribe.



Jaye Minor (she/they) – Pre-Licensed Professional Counselor

Specialties: Religious Trauma, Purity Culture, Anxiety, Depression, Attachment Issues, and LGBTQIA+.

Therapeutic Modalities: Embodiment, Self-Compassion, EMDR.

Online Offerings: Yes, in Washington and Canada.

Sliding Scale: Yes.

Faith-Based: No.

Contact: jaye@steffencounselingservices.com.

Traditional Land: Jaye works on the traditional Duwamish territory.



Kayden Vargas (they/them, he/him) – Licensed Psychologist (LP) and Coach

Specialties: Gender and Sexuality, Gender affirmation, 2SLGBTQIA+, Eating Disorders, Systems of Domination, Dismantling White Supremacy, Purity Culture.

Therapeutic Modalities: IFS-informed multi-cultural feminist modality, with integration of skills work and ACT.

Online Offerings: Yes! Counseling provided in Washington State. Coaching, training, and consultations online worldwide.

Sliding Scale: Yes.

Faith-Based: No, however, open to discussing faith-based themes with individuals.

Language: English and Spanish.

Website: <https://www.vccdrkmv.com/>.

Contact: vargas.kmv@gmail.com.

Social Media: @vccdrkmv.

Traditional Land: Kayden resides on Yakama land.

